

DRESSINGS LIST

YOU MAY BE ABLE TO FIND SOME OF THESE IN AMAZON, PUBLIX, KROGER, WALMART, WHOLE FOODS, SPROUTS, AND TARGET

G HUGHES - BBQ SAUCE

CAROLINA GOLD
CAROLINA STYLE SWEET HEAT
HICKORY FLAVORED
HONEY FLAVORED
MAPLE BROWN FLAVORED
MESQUITE FLAVORED
ORIGINAL
SWEET & SPICY

PRIMAL KITCHEN

CLASSIC BBQ SAUCE
DIJON MUSTARD
GOLDEN BBQ SAUCE
KETCHUP
SPICY BROWN MUSTARD
STEAK SAUCE

SIMPLE GIRL

BALSAMIC VINAIGRETTE
CAROLINA KICK BBQ SAUCE
CITRUS GINGER
COUNTRY SWEET BBQ SAUCE
SOUTHERN BLEND BBQ SAUCE
SWEET MUSTARD
SWEET VINAIGRETTE

SKINNYGIRL

BALSAMIC VINAIGRETTE
RASPBERRY VINAIGRETTE

WALDEN FARMS

BAC'N RANCH
ITALIAN VINAIGRETTE
HONEY DIJON VINAIGRETTE

EXTRAS

ALL HERBS ARE APPROVED

**SEASONINGS:
SALT & SUGAR- FREE**

- **CURB CARB CRAVINGS:**
 - PALMINI: RICE, NOODLES, MASH
 - CAULIFLOWER RICE
 - ACCOUNT FOR VEGETABLE PORTION
- **DRINKS:**
 - ZEVIA ALL FLAVORS
 - HINT WATER
 - LACROIX
 - ALL HERBAL TEAS
- **SWEETENER:**
 - MONK FRUIT
 - STEVIA
- **OIL:**
 - LOW SODIUM BROTH
 - WATER
 - LEMON / LIME JUICE
- **SOY SAUCE:**
 - BRAGG'S AMINO ACIDS