

We understand that looking and feeling your best is an important step along your journey to a happier, more fulfilling life.

Our non-invasive, safe, and natural Contour Light Machine uses infrared light to naturally melt fat cells and tighten skin. This is a safe alternative to surgical liposuction- it tightens skin and melts fat naturally, helping you reach your goals without going under the knife! With this technologically advanced therapy, you'll start seeing results after your first session, with optimal results after multiple sessions spread over a few weeks. These 30 minute treatments are quick and relaxing: your only job is to lie down, relax, and and let the lights do the work! For best results, wear shapewear for up to 48 hours after your session.



Appointment Hours 9.45 AM - 04.30 PM

## Behind The Benefits



Red light wavelengths act on the "power plant" in the cells, boosting energy and cellular function: repairing skin, boosting new cell growth and enhancing skin rejuvenation. Animal cells respond to these light waves in a similar way that plant cells respond to sunlight. And we mean ALL animal cells- They've even used red light therapy on racehorses since the 1980's!



Red light combined with Infrared light applied to stubborn areas can promote fat loss, enable cellulite reduction and plump the skin-proving to be an extra boost to a current weight loss plan! You may notice some results after one session, but the real results come with time and consistency. We recommend at least one session per week for as many weeks as you'd like.



## Scarred to Unmarred

Red light is a different type of approach to treating scars. Rather than just minimizing appearance, red light penetrates tissue and **stimulates healing at the cellular level** using specific wavelengths of light.



Whole Body Vibration Therapy has been around since the 1960's, used by astronauts to prevent muscle atrophy. Since then, studies have shown these sessions can increase toxin drainage, help build muscle, and improve balance and coordination!



Utilize the power of infrared for your pain relief and recovery routine! We combine Infrared Light with Red Light to reach deep into joints and tissues, for soothing relief of muscle and joint aches, pains, and stiffness.