

# CRAVING CRUSHERS

## SHOPPING LIST

### CARBS

#### PASTA

- PALMINI NOODLES
- ZOODLES

#### RICE

- CAULIFLOWER RICE

#### CHIPS

- KALE CHIPS
- SALT & VINEGAR NO-TATO RADISH CHIPS
- CUCUMBER SLICES

#### BREAD

- CLOUD BREAD

### SWEETS

- ZOE MUG CAKE\*
- ZOE SHERBERTS\*
- ZOE ICE CREAM FLOAT\*
- ZOE CHOCOLATE MOUSSE\*
- ZOE PEACHES AND CREME
- ZOE FRUIT DRIZZLE\*
- ZOE CHOCOLATE DRIZZLE
- ZOE CANDIED PEARS\*
- ZOE CINNAMON APPLES\*

### DRINKS

#### JUICE

- ULTIMA
- SUGAR-FREE HYDRATION IV (STEVIA)
- SWEETLEAF STEVIA DROPS
- HINT WATER

#### SODA

- ZEVEA
- LACROIX
- BUBBLY
- PERRIER
- SPINDRIFT

#### HOT COCOA

- HOT WATER, UNSWEETENED COCOA POWDER, CHOCOLATE STEVIA

#### COCKTAILS

- ZOE APPROVED MOSCOW MULE\*
- ZOE APPROVED SANGRIA\*
- ZOE APPROVED MARGARITA\*

#### WINE

- CABERNET
- MERLOT
- PINOT NOIR
- SAUVIGNON BLANC
- CHARDONNAY
- SKINNYGIRL WINE
- FITVINE WINE
- ZINFANDEL
- ROSE
- NO DESSERT WINES

**\*RECIPES FOUND IN OUR RECIPE BOOKS & SOCIAL MEDIAS  
CHECK OUT OUR YOUTUBE CHANNEL FOR VIDEOS OF RECIPES**